

LADIES ONLY HORSEMANSHIP RETREAT

May 19-21, 2017

Hosted by: Mary Hiatt

Clinic taught by: Amy LeSatz

Location: Hiatt Farms, 9848 Buckhorn Road, Loveland, CO

RESERVATION/REGISTRATION FORM

(Please return with your deposit)

Join us as we unwind and spend time with like-minded horsewomen! This clinic is designed to help develop a stronger horse and human partnership. Not only will we work with our horses, we will work on ourselves, both the mental and physical aspects that affect our horsemanship. Some of us may have encountered a frightening situation with our horses, a horse-related accident, injury or negative experience that has damaged our confidence. Some of us may want to “up” our horsemanship skills. Amy will help you gain that confidence back by replacing the fear with knowledge, things she has worked on herself after some big “wrecks” and surgeries. She will also help you understand why your horse behaves the way he does and give you some tools to help you and he/she build your confidence together. We will also work on bringing awareness to how our body affects how your horse operates. And for those of you, who want to continue building on your personal horsemanship skills, bring a list of some of the things that are really important to you so that we can work on those together. Mary, our amazing hostess, and her sister are providing lodging and meals this weekend as part of the package! We promise to make this an enjoyable, fun filled, great learning weekend. Appropriate for all levels of horses and horsemanship.

Participant Information: THIS CLINIC IS LIMITED TO 4-5 PARTICIPANTS

Name _____

Mailing Address _____

Phone #'s _____

Email Address _____

Emergency Contact _____

Level of Experience: Beginner Intermediate Advanced Trainer (circle one)

Goals:

1. _____
2. _____
3. _____
4. _____

Horse Information:

Name _____ Age ____ Experience: green problem good dependable (circle one)

Cost: \$595.00 Private Room or \$550.00 Semi Private Room (circle your preference)

Deposit: \$300.00

Deposit PD: _____

Deadline for Reservations: May 12th

Cancellation Policy: Full refund if weather forces cancellation **OR** you find someone to fill your spot.

Balance Due: Payable at Friday's check-in

Make all checks payable to **Bridle Bit, LLC**, and return, **with reservation/registration form to:**
Bridle Bit, LLC, 1599 East County Road 82, Wellington, CO 80549

Includes:

- ◆ Lodging and delicious home cooked meals at Hiatt Farms for the duration of your stay (Friday evening through Sunday lunch). All linens and bath towels will be provided for you during your stay.
- ◆ A pen for your horse
- ◆ Instruction on horsemanship and body awareness. This can include ground work, arena work and trail riding, depending on the needs of each participant. This can also include work on floor exercises (Feldenkrais) as well body movement with an exercise ball & pads, with emphasis on movement, balance and strength.
- ◆ Please list any dietary restrictions below:

For your horse:

Please bring your own feed, feed buckets & water buckets for your horses.
Please bring all your riding gear (saddles, bridles, halter with longer lead, etc..)
Muck buckets and muck forks will provided for you to clean your horses pen.
You will need to have a current health certificate for your horse.

For you:

Please bring layers to wear since even in May, temperatures can vary greatly. Please bring a yoga mat, exercise ball and bolster if you have them. Let Amy know if you don't have any of these items.

We look forward to working with you and hope this helps in your preparation. If you have any questions don't hesitate to call or e-mail Amy or Mary. Feel to contact Amy prior to the clinic if you would like to visit about your individual needs or if you have any questions.

Thank you!
Amy & Mary

Amy @ amy-steve@bridle-bit.com (970) 978-9724
Mary @ hiattm@hughes.net (970) 980-6801